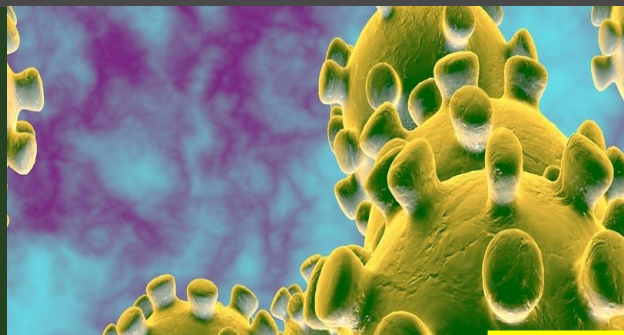


# COVID-19 DIGEST

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## Highlights

### Health Experts Condemn Trump's Suspension of Funding to WHO

Late on Tuesday US President Donald Trump declared US funding would be put on hold for 60-90 days pending a review "to assess the World Health Organization's role in severely mismanaging and covering up the spread of the coronavirus".

America contributed more than \$400m to the WHO last year, making it by far the biggest donor. The organization's budget for 2018-2019 was around \$6bn.

However this decision to cut funding to the WHO has been described as a "crime against humanity" and a "damnable" act that will cost lives.

Dr Nahid Bhadelia, an infectious disease doctor and associate professor at Boston University's school of medicine, said the cut was *"an absolute disaster. WHO is a global technical partner, the platform through which sovereign countries share data/technology, our eyes on the global scope of this pandemic."*

See more at; <https://bit.ly/3epGOHd>

## Lockdown COUNT DOWN 20 Days

"We shall defeat this virus by protecting our people from its rapid spread. We do not want what happened in some other countries to happen here. Hence, the shut-down," **President Museveni**



## SPOTLIGHT



### BREAST-FEEDING? WHAT TO DO DURING THIS COVID-19 PANDEMIC

The WHO and UNICEF has underscored the importance of exclusive breast-feeding in the first six months of a baby's life. This is because breast milk provides protection against many illnesses and is the best source of nutrition for most infants. Breastfed children have better chances to survive and thrive.

In the context of COVID19, there is no evidence that the illness can be transmitted through the breastmilk, hence women with Coronavirus are recommended to continue breast-feeding (early exclusive breast-feeding from birth to 6 months and then continuing up to 2 years of age and beyond).

But WHO advises that such Covid-19 positive mothers should do so with precautions, including practicing respiratory hygiene during feeding, including wearing a mask covering mouth and nose, washing hands with soap and water for 20 seconds before and after touching the baby and, routinely cleaning and disinfecting surfaces they have touched.

"There should be no promotion of breast-milk substitutes, donation of feeding bottles and teats, pacifiers or dummies or donations of breast-milk substitutes in any part of facilities providing maternity and newborn services, or by any of the staff," UNICEF.

<https://uni.cf/3enf7Pt>

### UGANDA NUMBERS

54 Cases  
8 Discharged  
0 Deaths  
5,664 Tested

### GLOBAL NUMBERS

WHO: 1,879,489  
cases | 119,044  
deaths  
JHU: 1,988,143  
cases | 126,859 deaths

### Poor Toilet Hygiene Could Infect You with Coronavirus

Did you know coronavirus can be contracted through poor toilet hygiene? Well, it's time to begin to be careful with how we dispose of human waste and how we maintain the hygiene thereafter.

While we know that Coronavirus (COVID -19) cases present largely with respiratory symptoms- cough, difficulty in breathing and fever, some of the cases present with abdominal symptoms like nausea, lack of appetite, loose stool and vomiting.

Several studies have shown that the corona virus can be shed in stool of an infected person and this can go on for up to five (5) weeks after the symptoms disappear. Still, scientific studies have illustrated that there is a possibility of generation of bio aerosols from stool during flushing.



*"While there is no evidence that the virus can be transmitted in sewerage systems or drinking water, improperly washed hands after defecation or fresh stool handling and exposure to aerosols from fresh stool of an infected person pose a risk,"* says Rhita Tamale, MakSPH alumnus.

*"We should ensure strict hand hygiene after stool handling and proper human waste disposal and ensure we cover the toilet before flushing and avoiding use of the toilet immediately after another person,"* she further advises. <https://bit.ly/2V83LHA>

Produced by: MakSPH  
Email: [communications@musph.ac.ug](mailto:communications@musph.ac.ug)



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