# COVID-19 DIGEST

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## **Highlights**

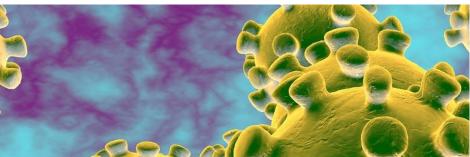
Outcomes of coronavirus patients treated with extracorporeal membrane oxygenation in China offers guidance for management of critically ill COVID-19 patients worldwide - ASAIO Journal

An international team including
McMaster University researchers has
come together to issue guidelines for
health-care workers treating intensive
care unit (ICU) patients with COVID-19

- The guidelines were co-published in the journals *Critical Care Medicine* and *Intensive Care Medicine*.

#### **Psychosocial support**

"Sleep improves brain function. During stressful times you need 7-8 hours of sleep to improve your focus, quick decision making and your outlook to life all of which you need in times of emergency. You need your sleep now more than ever." - Dr Juliet Nakku Mubiru, Director Butabika National Hospital. Kampala.





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### **SPOTLIGHT**



## MakSPH trained CHWs take to COVID-19 sensitisation

Community Health Workers that MakSPH, in partnership with Nottingham Trent University have supported for over 8 years with a focus on training, supervision and motivation in Busiro in Wakiso district are supporting the national efforts in the control of COVID-19. "The CHWs in our project areas are doing a good job in supporting their communities and health practitioners in response to the COVID-19 pandemic. Given that these CHWs are the health workforce closest to the community, they need to be better recognized and supported by the Ministry of Health and other stakeholders to be more actively involved in preventing the further spread of the virus across the country. It is pleasing to see the motorcycles we provided being used for fast response during this challenging time including identification of suspected cases and contact tracing." - Dr. David Musoke, MakSPH. https://bit.ly/2JzXIFa

#### Uganda Numbers

- 44 cases
- 0 deaths

#### Global Numbers

- WHO: 857,641 cases | 42,006 deaths
- JHU: 962,977 cases | 48,583 deaths

# To business owners; on hand washing & social distancing

I like the way places that are still operational have embraced the practice of hand washing at entries. However, it is assumed that only customers walking in are the only ones to wash. The service providers including cashiers in these premises don't bather to sanitize their hands. Yet ideally, the cashiers given that they handle money-given the dirt it carriesfrom every customer, they should be washing after every serving. Also, social distancing, between the cashier and in between customers is not being observed. I would like to appeal to business owners that all people working in these places should observe regular hand cleaning, preferably after every serving with alcohol hand rub, for their own safety and safety of the public. In addition, let us practice social distancing (4 meters) while in these premises to reduce the risk of COVID-19 transmission. Remember, even people with no symptoms of COVID-19, do transmit the virus. So as you crowd around people you could be exposing yourself. It is everyone's responsibility to stay safe! -Dr Esther Buregyeya, MakSPH

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